



CITY OF CHATTANOOGA POLICE ABILITY TEST

Applicants must successfully complete the first element before continue to the remaining events. All events are PASS/FAIL, and they must be completed within the time limits assigned.

The test consists of FIVE events:

1. Climb a 5-foot fence and drag a 150-lb. dummy 10 yards in 60 seconds or less (Must pass this phase to continue)



2. 18 Push-Ups in 60 seconds
3. 21 Sit-Ups in 60 seconds
4. 300 Meter Run in 73 seconds or less
5. 1.5 Mile Run in 16:36 or less